



Nritya is an annual Dance competition organised by Art Journal Foundation that aims at fostering creative aptitude and enthusiasm amongst young scholars.

Art Journal Foundation is a creative platform by Elevating Arts Private Limited that supports the process, practice, and education in Arts and Culture.

We are committed to develop a resource platform that shall be useful in enhancing and encouraging creativity, critical investigations, explorations, and experiments.

AJF aims to be the premier destination for artists to immerse in the creative process and develop skills.

Art Journal Foundation, brings to you Nritya 2025

Registration fees:

For students in India: 150 INR

For students in UAE : 15 AED

For students in any other country: 10 USD

Prizes:

- Two winners from each category will be awarded trophies.
- All winners and participants will get eCertificates.

Categories:

- A: Grades 1, 2 and 3
- B: Grades 4 and 5
- C: Grades 6, 7 and 8
- D: Grades 9, 10, 11 and 12



Type of Entry: *Solo performance*

Theme – *Disconnected in a Connected World*

We live in a world that seems more connected than ever, through phones, social media, and technology. Yet, many people feel more alone, unheard, or unseen.

This theme invites you to explore this contrast.

Think about what it means to be connected, yet feel disconnected. Is it about people ignoring each other in real life? Is it about being lost in screens? Or is it about finding new ways to truly connect?

The participants are required to choreograph and create a solo dance performance on the theme 'Disconnected in a Connected World' that expresses this emotional contrast. Use movement, rhythm, and expression to show how we search for real connection in a world full of virtual links.



Instructions:

- Each participant is allowed to submit ONLY one entry for Nritya.
- Participants can use one genre or a combination of genres appropriate to address the theme. No special points given based on the number of genres used as the objective should be to address the theme effectively.
- Participants will be required to send a maximum 4 minutes duration dance video on the selected theme to the song of their choice.
- Video must be shot in horizontal orientation.
- Participants must keep the use of props and costumes at the minimum range.
- Participants must follow the given theme and must send only a self-choreographed performance.

Submission Guidelines:

- Submissions to the competition to be uploaded on the submission link, that will be received on your registered mail ID, as a video in an MP4 format, maximum size 100 MB.
- Participants are responsible for including their music with their video submission.
- When submitting, please label your video file with your name, category for clear identification, for example:

Nameofthestudent_CategoryName_Nritya.mp4

A dark blue silhouette of a crowd of people with their arms raised, suggesting a dance or celebration, positioned at the bottom of the page.

Criteria for Judgement

The following elements of artistic expression will be judged for the dance performance submitted:

Performance - Overall performance and depicted theme's creativity and uniqueness.

Technique - The clarity of dance technique used and optimum usage of space.

Originality - The performance's originality and creativity.

Musicality - Connection of the music to the dance theme. Overall rhythm/ timing in the movement.

Showmanship - Appeal/ excitement created by the performance as a work of Art.



Last date of Submission- 5th October, 2025

Result Announcement- 9th November, 2025

Scan For Registration

